

PHASE 1			
Ch. No.	Chapter Name	Subtopics	PT1 portion Total Marks: 20      Duration: 45 minutes
1	Family- Our First School	<ul style="list-style-type: none"> <li>Family influences               <ul style="list-style-type: none"> <li>Physical characteristics</li> <li>Habits</li> <li>Values</li> </ul> </li> <li>Appreciating qualities and skills of family members</li> </ul>	-
2	Leisure Activities	<ul style="list-style-type: none"> <li>Leisure time</li> <li>Indoor and outdoor games</li> <li>Rules of a Game</li> <li>Past and Present-Games played, then and now</li> <li>Sports as career</li> <li>Leisure Time for Family Members</li> </ul>	<ul style="list-style-type: none"> <li>Leisure time</li> <li>Indoor and outdoor games</li> <li>Rules of a Game</li> <li>Past and Present-Games played, then and now</li> <li>Sports as career</li> <li>Leisure Time for Family Members</li> </ul>
3	Expressing without Speaking	<ul style="list-style-type: none"> <li>Different Ways of Expressing without Speaking               <ul style="list-style-type: none"> <li>Gestures</li> <li>Facial Expressions</li> <li>Body Language</li> <li>Dance Mudras                   <ul style="list-style-type: none"> <li>✓ Healing Power of Mudras</li> </ul> </li> <li>Sign language</li> <li>Braille: Means of Communication</li> </ul> </li> <li>The old and The Differently Abled</li> <li>Problems of the aged               <ul style="list-style-type: none"> <li>How should we care for them</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Different Ways of Expressing without Speaking               <ul style="list-style-type: none"> <li>Gestures</li> <li>Facial Expressions</li> <li>Body Language</li> <li>Dance Mudras                   <ul style="list-style-type: none"> <li>✓ Healing Power of Mudras</li> </ul> </li> <li>Sign language</li> <li>Braille: Means of Communication</li> </ul> </li> <li>The old and The Differently Abled</li> <li>Problems of the aged               <ul style="list-style-type: none"> <li>How should we care for them</li> </ul> </li> </ul>
4	Food and Balanced Diet	<ul style="list-style-type: none"> <li>Balanced diet</li> <li>Intake of food varies with gender, age, and physical activity</li> <li>Food for small babies</li> <li>Food for teenagers</li> </ul>	<ul style="list-style-type: none"> <li>Balanced diet</li> <li>Intake of food varies with gender, age, and physical activity</li> <li>Food for small babies</li> <li>Food for teenagers</li> </ul>

PHASE 2			
Ch. No.	Chapter Name	Subtopics	<div> <div>HYE portion</div> <div> <b>Total Marks: 50</b> <b>Duration: 2 hours</b> </div> </div>
5	All about Cooking	<ul style="list-style-type: none"> <li>▪ Raw food</li> <li>▪ Cooked food</li> <li>▪ Various methods of cooking</li> <li>▪ Sources of Fuel and Types of Fuel Used for Cooking</li> <li>▪ Different types of stoves used for cooking               <ul style="list-style-type: none"> <li>○ Three-stone cooking fire</li> <li>○ Modern kitchen stoves</li> <li>○ An electric stove</li> </ul> </li> <li>▪ Different types of vessels used for cooking               <ul style="list-style-type: none"> <li>○ Pressure cooker</li> <li>○ Saucepan</li> <li>○ Steaming utensils</li> <li>○ Grill pan</li> <li>○ Glass baking pan</li> <li>○ Non-stick utensils</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Raw food</li> <li>▪ Cooked food</li> <li>▪ Various methods of cooking</li> <li>▪ Sources of Fuel and Types of Fuel Used for Cooking</li> <li>▪ Different types of stoves used for cooking               <ul style="list-style-type: none"> <li>○ Three-stone cooking fire</li> <li>○ Modern kitchen stoves</li> <li>○ An electric stove</li> </ul> </li> <li>▪ Different types of vessels used for cooking               <ul style="list-style-type: none"> <li>○ Pressure cooker</li> <li>○ Saucepan</li> <li>○ Steaming utensils</li> <li>○ Grill pan</li> <li>○ Glass baking pan</li> <li>○ Non-stick utensils</li> </ul> </li> </ul>
6	The World of Plants	<ul style="list-style-type: none"> <li>▪ Types of Plants</li> <li>▪ Different Leaves</li> <li>▪ Uses of Leaves</li> </ul>	<ul style="list-style-type: none"> <li>▪ Types of Plants</li> <li>▪ Different Leaves</li> <li>▪ Uses of Leaves</li> </ul>
7	Sound	<ul style="list-style-type: none"> <li>▪ What is sound?               <ul style="list-style-type: none"> <li>○ Vibrations make sound</li> <li>○ How do we hear?</li> </ul> </li> <li>▪ Different Types of Sound</li> <li>▪ Music and Noise               <ul style="list-style-type: none"> <li>○ Musical instruments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ What is sound?               <ul style="list-style-type: none"> <li>○ Vibrations make sound</li> <li>○ How do we hear?</li> </ul> </li> <li>▪ Different Types of Sound</li> <li>▪ Music and Noise               <ul style="list-style-type: none"> <li>○ Musical instruments</li> </ul> </li> </ul>
8	The Rain	<ul style="list-style-type: none"> <li>▪ Water cycle</li> <li>▪ Rainbow</li> <li>▪ Plants and Animals in Rainy season</li> <li>▪ Do plants and animals need water?</li> </ul>	<ul style="list-style-type: none"> <li>▪ Water cycle</li> <li>▪ Rainbow</li> <li>▪ Plants and Animals in Rainy season</li> <li>▪ Do plants and animals need water?</li> </ul>
9	Importance of Water	<ul style="list-style-type: none"> <li>▪ Water scarcity</li> </ul>	<ul style="list-style-type: none"> <li>▪ Water scarcity</li> </ul>

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		<ul style="list-style-type: none"> <li>▪ Water conservation                             <ul style="list-style-type: none"> <li>○ Wastage and recycling</li> <li>○ Rainwater Harvesting</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Water conservation                             <ul style="list-style-type: none"> <li>○ Wastage and recycling</li> <li>○ Rainwater Harvesting</li> </ul> </li> </ul>
10	Travelling	<ul style="list-style-type: none"> <li>▪ Need for transport</li> <li>▪ Modes of transport                             <ul style="list-style-type: none"> <li>○ Land transport</li> <li>○ Rail transport</li> <li>○ Water transport</li> <li>○ Air transport</li> </ul> </li> <li>▪ Fuels for vehicles                             <ul style="list-style-type: none"> <li>○ Gasoline</li> <li>○ Diesel</li> <li>○ Compressed Natural Gas (CNG)</li> <li>○ Electricity</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Need for transport</li> <li>▪ Modes of transport                             <ul style="list-style-type: none"> <li>○ Land transport</li> <li>○ Rail transport</li> <li>○ Water transport</li> <li>○ Air transport</li> </ul> </li> <li>▪ Fuels for vehicles                             <ul style="list-style-type: none"> <li>○ Gasoline</li> <li>○ Diesel</li> <li>○ Compressed Natural Gas (CNG)</li> <li>○ Electricity</li> </ul> </li> </ul>
11	Letters	<ul style="list-style-type: none"> <li>▪ Letter as means of communication</li> <li>▪ Writing the address</li> <li>▪ Pin code</li> <li>▪ Journey of the letter</li> <li>▪ Indian Postal Service</li> </ul>	-

PHASE 3			
Ch. No.	Chapter Name	Subtopics	PT2 portion Total Marks: 20      Duration: 45 minutes
12	The World of Animals	<ul style="list-style-type: none"> <li>▪ Home for Animals</li> <li>▪ Birds</li> <li>▪ Reptiles</li> <li>▪ Insects</li> <li>▪ Bees</li> <li>▪ Butterflies</li> <li>▪ Uses of Honey</li> <li>▪ Some Other Insects               <ul style="list-style-type: none"> <li>○ Ants</li> <li>○ Termites and Wasps</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Home for Animals</li> <li>▪ Birds</li> <li>▪ Reptiles</li> <li>▪ Insects</li> <li>▪ Bees</li> <li>▪ Butterflies</li> <li>▪ Uses of Honey</li> <li>▪ Some Other Insects               <ul style="list-style-type: none"> <li>○ Ants</li> <li>○ Termites and Wasps</li> </ul> </li> </ul>
13	Taking Care of Animals	<ul style="list-style-type: none"> <li>▪ We Must Love Animals</li> <li>▪ Caring for the Animals</li> </ul>	-
14	Solids, Liquids and Gases	<ul style="list-style-type: none"> <li>▪ Description of solids, liquids and gases</li> <li>▪ Solids, liquids and gases: colour, odour and taste</li> <li>▪ Forms of water</li> <li>▪ Change in state</li> </ul>	<ul style="list-style-type: none"> <li>▪ Description of solids, liquids and gases</li> <li>▪ Solids, liquids and gases: colour, odour and taste</li> <li>▪ Forms of water</li> <li>▪ Change in state</li> </ul>
15	Occupations in the Neighbourhood	<ul style="list-style-type: none"> <li>▪ Different occupations in the neighbourhood-People who provide us with specialised services               <ul style="list-style-type: none"> <li>○ Doctor and Nurse</li> <li>○ Dentist</li> <li>○ Firefighter</li> <li>○ Policeman</li> <li>○ Teacher</li> <li>○ Househelp</li> </ul> </li> <li>▪ People who help us in our everyday life               <ul style="list-style-type: none"> <li>○ Tailor and Weaver</li> <li>○ Farmer</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Different occupations in the neighbourhood-People who provide us with specialised services               <ul style="list-style-type: none"> <li>○ Doctor and Nurse</li> <li>○ Dentist</li> <li>○ Firefighter</li> <li>○ Policeman</li> <li>○ Teacher</li> <li>○ Househelp</li> </ul> </li> <li>▪ People who help us in our everyday life               <ul style="list-style-type: none"> <li>○ Tailor and Weaver</li> <li>○ Farmer</li> </ul> </li> </ul>

		<ul style="list-style-type: none"><li>○ Gardener</li><li>○ Blacksmith</li><li>○ Potter</li><li>○ Carpenter</li><li>○ Cobbler</li><li>○ Barber</li><li>○ Plumber</li><li>○ Electrician</li><li>▪ Occupations and gender</li><li>▪ Child labour</li><li>▪ Causes of child labour</li></ul>	<ul style="list-style-type: none"><li>○ Gardener</li><li>○ Blacksmith</li><li>○ Potter</li><li>○ Carpenter</li><li>○ Cobbler</li><li>○ Barber</li><li>○ Plumber</li><li>○ Electrician</li><li>▪ Occupations and gender</li><li>▪ Child labour</li><li>▪ Causes of child labour</li></ul>
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PHASE 4			
Ch. No.	Chapter Name	Subtopics	YE portion Total Marks: 50 Duration: 2 hours
16	Birds	<ul style="list-style-type: none"> <li>▪ Common birds</li> <li>▪ Body shape and structure               <ul style="list-style-type: none"> <li>○ Beaks</li> <li>○ Feet</li> </ul> </li> <li>▪ Sounds made by birds</li> <li>▪ How do birds fly?               <ul style="list-style-type: none"> <li>○ Down feathers</li> <li>○ Flight feathers</li> <li>○ Tail feathers</li> </ul> </li> <li>▪ Bird's nest</li> <li>▪ Some Birds Can Fly and Others Cannot Fly</li> </ul>	<ul style="list-style-type: none"> <li>▪ Common birds</li> <li>▪ Body shape and structure               <ul style="list-style-type: none"> <li>○ Beaks</li> <li>○ Feet</li> </ul> </li> <li>▪ Sounds made by birds</li> <li>▪ How do birds fly?               <ul style="list-style-type: none"> <li>○ Down feathers</li> <li>○ Flight feathers</li> <li>○ Tail feathers</li> </ul> </li> <li>▪ Bird's nest</li> <li>▪ Some Birds Can Fly and Others Cannot Fly</li> </ul>
17	Eating Habits of Animals	<ul style="list-style-type: none"> <li>▪ Type of teeth</li> <li>▪ Need for food</li> <li>▪ Classification on the basis of eating habits               <ul style="list-style-type: none"> <li>○ Herbivores                   <ul style="list-style-type: none"> <li>✓ Teeth of Herbivores</li> </ul> </li> <li>○ Carnivores                   <ul style="list-style-type: none"> <li>✓ Teeth of Carnivores</li> </ul> </li> <li>○ Omnivores                   <ul style="list-style-type: none"> <li>✓ Teeth of Omnivores</li> </ul> </li> </ul> </li> <li>▪ Caring for domestic animals</li> </ul>	<ul style="list-style-type: none"> <li>▪ Type of teeth</li> <li>▪ Need for food</li> <li>▪ Classification on the basis of eating habits               <ul style="list-style-type: none"> <li>○ Herbivores                   <ul style="list-style-type: none"> <li>✓ Teeth of Herbivores</li> </ul> </li> <li>○ Carnivores                   <ul style="list-style-type: none"> <li>✓ Teeth of Carnivores</li> </ul> </li> <li>○ Omnivores                   <ul style="list-style-type: none"> <li>✓ Teeth of Omnivores</li> </ul> </li> </ul> </li> <li>▪ Caring for domestic animals</li> </ul>
18	The Environment Around Us	<ul style="list-style-type: none"> <li>▪ Interdependence of life</li> <li>▪ Food chain</li> <li>▪ Imbalance in the food chain</li> </ul>	<ul style="list-style-type: none"> <li>▪ Interdependence of life</li> <li>▪ Food chain</li> <li>▪ Imbalance in the food chain</li> </ul>
19	Utensils and Furniture	<ul style="list-style-type: none"> <li>▪ Natural resources</li> <li>▪ Things obtained from natural resources               <ul style="list-style-type: none"> <li>○ Baskets</li> <li>○ Glass                   <ul style="list-style-type: none"> <li>✓ Formation of glass</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Natural resources</li> <li>▪ Things obtained from natural resources               <ul style="list-style-type: none"> <li>○ Baskets</li> <li>○ Glass                   <ul style="list-style-type: none"> <li>✓ Formation of glass</li> </ul> </li> </ul> </li> </ul>



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		<ul style="list-style-type: none"> <li>○ Furniture</li> <li>○ Pots</li> </ul>	<ul style="list-style-type: none"> <li>○ Furniture</li> <li>○ Pots</li> </ul>
20	Clothes	<ul style="list-style-type: none"> <li>▪ Clothes We Wear</li> <li>▪ Different clothes                             <ul style="list-style-type: none"> <li>○ Unstitched clothes</li> <li>○ Clothing as per seasons</li> <li>○ Clothing in different states</li> </ul> </li> <li>▪ Processing of clothes                             <ul style="list-style-type: none"> <li>○ Materials used for making clothes</li> <li>○ Textures of Clothes</li> <li>○ Dyeing and Printing of Cloth</li> </ul> </li> <li>▪ Care for Clothes</li> </ul>	<ul style="list-style-type: none"> <li>▪ Clothes We Wear</li> <li>▪ Different clothes                             <ul style="list-style-type: none"> <li>○ Unstitched clothes</li> <li>○ Clothing as per seasons</li> <li>○ Clothing in different states</li> </ul> </li> <li>▪ Processing of clothes                             <ul style="list-style-type: none"> <li>○ Materials used for making clothes</li> <li>○ Textures of Clothes</li> <li>○ Dyeing and Printing of Cloth</li> </ul> </li> <li>▪ Care for Clothes</li> </ul>
21	Light	<ul style="list-style-type: none"> <li>▪ What is light?</li> <li>▪ Sources of light</li> <li>▪ Luminous and non-luminous objects</li> <li>▪ Shadows</li> </ul>	<ul style="list-style-type: none"> <li>▪ What is light?</li> <li>▪ Sources of light</li> <li>▪ Luminous and non-luminous objects</li> <li>▪ Shadows</li> </ul>